



Nenagh Lawn Tennis Club

Junior Tennis Guide

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Junior Coaching and Events

Camps

Date: 1 in Easter 2 in July

Ages: 5+

Description: Tennis Activity camps take place from 10am - 1pm daily in Easter and July

To sign up: Online, Contact Frank

ROGY Events

Date: Throughout the Year

Ages: 5 - 12

Description: ROGY, stands for Red, Orange, Green Yellow and relates to the colour of the ball. Kids progress from a red ball through the various stages. ROGY events are held throughout the year.

Junior Club Week

Date: August

Ages: 8 - 18

Description: A 4-day competition with multiple singles and doubles events. It is open only to Nenagh LTC Members.

Junior Box Ladder

Date: Various

Ages: 9 - 17

Description: A competitive event where players are put in boxes of 5 players. All players in the same box play each other. Once all matches are played, groups are reshuffled with those that win the box being moved up to next box.

Spring/Autumn Doubles

Date: March/April & October

Ages: 8-18

Description: Doubles competition with a playoff round robin phase, then finals.
Spring: Playoff stage over 3 weeks and with semis & finals on a weekend.
Autumn: one day for playoffs & one day for semis & finals.

Junior Charity Event

Date: December

Ages: All ages

Description: Fun doubles event for a great cause. Christmas dress, Hot Chocolate & spot prizes. Held in the afternoon before the Senior Charity Night Social event.

Tuesday/Friday Coaching

Date: Feb-Mar, Apr-May, Sep-Oct

Ages: 5 - 13

Description: Coaching for different levels carried out over 3 five or six week terms by our experienced Coaching Team.

To sign up: Online, Contact Frank

Saturday Development Coaching

Date: September - June

Ages: 7 - 18

Description: Development coaching for experienced players

To sign up: Contact Anne- Marie

Older Junior Events

Date: Throughout the Year

Ages: 12+

Description: A series of one day events for our older junior members throughout the year. E.g. Teenage Progressive Doubles with pizza.

Anne Fitzpatrick & Moloney Cups

Date: October

Ages: 7 - 18

Description: Two doubles events held on one day during the mid term. One targeted at younger and the other at older players. Round Robin event with finals.

Junior Coaching and Events

Shaun Hilmi Memorial Cup

Date: April

Ages: 15+

Description: A doubles, one-day event for older teens. The inaugural event open to both club and non-club members.

To sign up: The inaugural event in 2022 is invitation only to keep places for players that played with Shaun.

Nenagh Junior Open

Date: July 10th to July 16th

Ages: 8 - 18

Description: A 6-day competition with multiple events (both singles and doubles). It is open to members and non-members. It is a Tour 500 event.

To sign up: online via tournament software from early June.

Mid West Cup

Date: Late Mar - Early May

Ages: U12, U14, U16, U18

Description: Club teams of 4 players are created per age category. The competition involves a number of clubs around Mid West Munster.

Entry Fee: Free, club pays fee

Events with Other Clubs

Date: Throughout the year

Ages: All ages

Description: The club has close relationships with lots of other clubs throughout the mid west. One off games with other clubs (home and/or away) will be arranged during the year

Junior Contacts

Chair, Junior Committee

Jackie Hayes Sheehy

Junior Committee Members:

Lorraine Talbot
Liam Williams
Tanya Beattie
Catriona Gleeson
Kate Heduan
Louise Carew
Niall Healy
Dearbhla Cronin

Children Officers:

Jackie Hayes Sheehy (Designated Liaison Person)
Margaret Folan
Eamonn Murtagh

Junior Club Coaching Co-ordinator

Frank O'Keeffe

Coaches

Frank O'Keeffe
Anne Marie Darcy
Dermot Shiels
Tara Spain

Junior Club Phone

085 2401591

Facebook

<https://www.facebook.com/Nenagh-Lawn-Tennis-Club-318752334894846/>

Club Website

www.nenaghlltc.ie

1 Day Open Events

Date: Throughout Year

Ages: U8, U10 U12, U14

Description: A series of Next Gen (orange and green ball), Open 100 (U12 & U14) will be held throughout the year

To sign up: Entry is online via tournament software website.

Munster Junior Cups

Date: August - Early Oct

Ages: U12, U14, U16, U18

Description: Club teams of 4 players are created per age category. This is a knockout competition, so a team must win in order to progress.

Entry Fee: Free, club pays fee

To sign up: Contact Junior Committee

Sunday Hit Session

Date: Throughout the Year

Ages: Yellow Ball

Description: Fun Sunday morning hitting sessions with other yellow ball players throughout the year.

Entry Fee: Free

To sign up: Contact Junior Committee or sign up sheet on the club notice board

Junior Access to Courts

There are a few basic rules about access to courts for our Juniors.

Juniors have access to all courts when not in use for coaching or competitions up to 5.30pm.

After 5.30pm a junior member can play with an adult. The adult must book the court from 5.30 to 6.45.

After this time seniors have priority on all courts



2022 Junior Coaching & Events Calendar

DATE	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
JANUARY																O & G Matchplay															
FEBRUARY	Tues. Coaching (Term 1)			Fri. Coaching (Term 1)	Sat. Dev. (Term 1) Junior Open Day			Tues. Coaching (Term 1)			Fri. Coaching (Term 1)	Sat. Develop (Term 1)			Tues. Coaching (Term 1)			Fri. Coaching (Term 1)	Sat. Develop (Term 1)			Tues. Coaching (Term 1)	Sat. Develop (Term 1)		Fri. Coaching (Term 1)	Sat. Develop (Term 1) U13-15 Matchplay					
MARCH	Tues. Coaching (Term 1)			Fri. Coaching (Term 1)	Sat. Develop (Term 1)	Yellow Ball Hitting Sessions		Tues. Coaching (Term 1)			Fri. Coaching (Term 1)	Sat. Develop (Term 1)	Yellow Ball Hitting Sessions					Breo Spring Doubles Starts	Yellow Ball Hitting Sessions								Yellow Ball Hitting Sessions				
APRIL		R, O, G. Junior Event / Shaun Hilmi Event	Yellow Ball Hitting Sessions							Yellow Ball Hitting Sessions	Easter Junior Activity Week	Easter Junior Activity Week	Easter Junior Activity Week	Easter Junior Activity Week	Easter Junior Activity Week		Yellow Ball Hitting Sessions						Breo Spring Doubles Semis / Finals	Yellow Ball Hitting Sessions		Tues. Coaching (Term 2)		Fri. Coaching (Term 2)	Sat. Develop (Term 2)		
MAY			Tues. Coaching (Term 2)			Fri. Coaching (Term 2)	Sat. Develop (Term 2)	Teenage Fun Event		Tues. Coaching (Term 2)			Fri. Coaching (Term 2)	Sat. Develop (Term 2)		Tues. Coaching (Term 2)					Fri. Coaching (Term 2)	Sat. Develop (Term 2)		Tues. Coaching (Term 2)		Fri. Coaching (Term 2)	Sat. Develop (Term 2)				
JUNE												Open Tour 100 U12 Event																			
JULY				Summer Junior Activity Week 1	Summer Junior Activity Week 1	Summer Junior Activity Week 1	Summer Junior Activity Week 1	Summer Junior Activity Week 1		Junior Open Week	Junior Open Week	Junior Open Week	Junior Open Week	Junior Open Week	Junior Open Week	Junior Open Week									Summer Junior Activity Week 2	Summer Junior Activity Week 2	Summer Junior Activity Week 2	Summer Junior Activity Week 2	Summer Junior Activity Week 2		
AUGUST								Junior Club Week	Junior Club Week	Junior Club Week	Junior Club Week																				
SEPTEMBER																	Teenage Fun Event			Tues. Coaching (Term 3) TBC				Fri. Coaching (Term 3) TBC	Sat. Develop (Term 3) TBC			Tues. Coaching (Term 3) TBC		Fri. Coaching (Term 3) TBC	
OCTOBER	Sat. Develop (Term 3) TBC			Tues. Coaching (Term 3) TBC				Fri. Coaching (Term 3) TBC	Sat. Develop (Term 3) TBC	Autumn Doubles Semis		Tues. Coaching (Term 3) TBC			Fri. Coaching (Term 3) TBC	Sat. Develop (Term 3) TBC	Autumn Doubles Finals		Tues. Coaching (Term 3) TBC			Fri. Coaching (Term 3) TBC	Sat. Develop (Term 3) TBC		Tues. Coaching (Term 3) TBC	Anne Fitzpatrick / Moloney Cup		Fri. Coaching (Term 3) TBC	Sat. Develop (Term 3) TBC		
NOVEMBER					Junior Social Event																										
DECEMBER			Junior Charly Event																												

OUR COMPETITION SPONSORS



Our Coaching Team



Meet the Coaches

A WEALTH OF COACHING AND PLAYING EXPERIENCE

Frank O'Keeffe | Level 3 | Junior Coaching Co-ordinator



Frank is a level 3 coach whose junior coaching philosophy is to help young players have fun in learning and in adults to create more 'alive' situations that have a similar 'feel' to the match court.

Frank has also represented his club, province and country and uses this knowledge to improve his craft

Munster Coach of the Year 2019

Mobile: 086 1932977 **Email:** Frankokeeffe1@gmail.com

Anne Marie Darcy | Level 2 | Adult Coaching Co-ordinator



Anne-Marie has a long association with Nenagh LTC, as a member since (1995), Committee Member/Club President (2013-2016), and a club coach. She is passionate about the game of tennis and her enthusiasm drives her to constantly improve her playing and coaching skills. She applies a player centered approach to coaching and has a lot of playing experience at Grade 1 and Interprovincial level, which she imparts through her coaching. Anne-Marie enjoys introducing new members to tennis and instilling a lifelong love of the game to both junior and adult players.

Mobile: 087 9634583 **Email:** adarcy@tcd.ie

Dermot Shiels | Level 2



Dermot coaches in his hometown of Birr and is also a part of our coaching team at Nenagh LTC.

He is a member of Tennis Coach Ireland (TCI), and a Cardio Tennis Instructor. He has experience in working in many schools in the Birr area and beyond.

Dermot is an active grade 2 player and has won and competed in various Open Weeks around Munster.

Mobile: 085-7755485 **Email:** dshiels97@gmail.com

Tara Hackett | Level 1



Tara has been a member at Nenagh LTC for a number of years & is delighted to finally be a part of the coaching team. She has great passion & enthusiasm for the game.

Tara is an active grade 1 player at club level and has represented Munster at Interprovincial level. She was also a member of the first Grade 1 Ladies team who were victorious in the 2021 Munster Summer Cup.

Mobile: 086 0709336 **Email:** taraspain1@gmail.com

Meet the Junior Committee



Louise



Tanya

Lorraine

Dearbhla



Niall



Liam



Kate



Jackie



Catriona

Children's Officers



Jackie Hayes Sheehy
Designated Liaison Person



Margaret Folan
Children's Officer



Eamonn Murtagh
Children's Officer

Useful Information

Further Information & Suggestions

If you are looking for further information about Junior Tennis, have a look at the [junior page of the Nenagh LTC website](#) or the [Facebook page](#), we try to update both regularly. The following websites are also useful:

- Munster Branch of Tennis Ireland | www.munstertennis.ie
- Tennis Ireland | www.tennisireland.ie (includes a Junior Tournament Calendar)
- Tournament Software | <https://ti.tournamentsoftware.com>

Alternatively, If you have a **specific question** you can contact us on the Junior Club Phone at 085-2401591.

Upon signing up with NLTC, your number will be added to the Junior phone and messages will be sent regarding all events and how to sign up.

To access the court lighting system please visit www.nenaghltc.ie/lights/

To access the court booking system please visit www.myfacebook.net/mobile/club_selection

We are always willing to hear about new suggestions or ideas members may have, please share your suggestions with a member of the Junior Committee

Sponsorship Opportunities

The club has numerous sponsorship opportunities, If your company would like to get involved with sponsoring a junior event or would like further information about the different sponsorship options please get in touch with the Junior Committee

Junior Committee

The Junior Committee is a group of volunteers who help manage and organise junior tennis events. They are an essential part of the club and junior events could not happen without them.

The Committee meets approx. 8 times throughout the year, and in advance of junior events. If you would like to get involved with the Committee please contact a current Committee member. No tennis experience required.

Coaching Review Committee

The Coaching Review Committee is a group of volunteers who help specifically with the organisation and management of Coaching activities.

The Committee meets once a quarter and the chair of the Coaching Review Committee sits on and reports to the Nenagh LTC Management Committee.

Get Involved - Join Our Volunteer List

The Club is always keen to get more members involved with the running of activities and has a list of people who may be available to help from time to time. This allows members to get involved without the full commitment of being on a committee. The plan is that when events to come up, we will get in touch to see if you are free to help with the that particular event. To join the list, please get in contact with a member of the Committee

Funding Club Developments



NENAGH Nenagh LTC **NENAGH**
L.T.C. L.T.C.

CLUB 50|50 DRAW

Permit issued by Superintendent's Office, Nenagh Garda Station

Guaranteed winner each month of 50% of draw income

Draw is held on the 1st Saturday of each month at the club bar

Please forward/share this message

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Newtown, Nenagh
Co Tipperary
Tel 00353(0)86-1716753 / 00353(0)87-9782550
Email: info@pallasmarketing.ie

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In 2022, the club commenced development of 2 new **Synthetic Clay** courts (9 and 10), 2 red ball tarmacadam courts and resurfacing the ball wall area. The new Synthetic Clay courts are predominantly for our junior members and have orange court lining while doubling up as full adult courts. The development also includes new lighting, fencing and a viewing hut.

The overall cost of 2022 development is €200,000. The club has a total of €135,000 in savings and sports capital grant funding, but we require a further €65,000 to be raised.

Our only fundraiser is the 50/50 draw which has been a tremendous success. We are reaching out to all club members to sign up to our monthly draw for €10 per month where the monthly pot is split evenly between the winner and the club. Since we commenced this draw winners have won between €720 and €850 every month.

Please sign up and support our club at <https://www.pallasmarketing.ie/product/nltc-5050>



Dates at a Glance



Junior Coaching & Camps Calendar

Date	Event
February 1 st	Start of 6-week Junior coaching term
April 11 th – 15 th	Easter Camp
April 26 th	Start of 5-week Junior coaching term
July 4 th – 8 th	Summer Camp
July 25 th – 29 th	Summer Camp
TBD	Start of Autumn coaching term



Nenagh LTC Junior Event Calendar

Date	Event
Sunday, 16 th January	Club Orange & Green Matchplay
Saturday, 5 th February	Junior Open Day
Saturday, 26 th February	Age 13-15 Matchplay V Killaloe
Sunday mornings in March	Yellow Ball Hitting Sessions
March 19 th – April 18 th	BREO Spring Doubles Playoffs
Sat, Sun April 23 rd /24 th	BREO Spring Doubles Semis & Finals
Saturday, April 2 nd	Junior ROG Social Event
Sunday, May 8 th	Teenage Fun Event
Sunday, June 18 th	U12 Tour 100 Open
July 10 th – 16 th	A Sportsman's Dream Junior Open Week
August 8 th – 11 th	Pepe's Junior Club Week
Sunday, 18 th September	Teenage Fun Event
Sunday, 9 th October	Autumn Doubles Playoffs Autumn Doubles Finals
Sunday, 16 th October	sponsored by Cinnamon Alley
Wednesday, 26 th October	Anne Fitzpatrick/Moloney Cup sponsored by Titan
Saturday, November 5 th	Junior Social Tennis Event
Saturday, December 3 rd	Junior Charity Event