## **OUR GOALS**

- To create a network of communication and connection among the local autistic community.
- To provide a safe space where autistic young people can nurture self-esteem and promote self-expression, self-regulation, self-discovery and self-awareness.
- To learn from each other and become more confident advocates for the autistic community.
- To support the formation of friendships and interest groups in a fun, judgement-free environment.

Our long-term vision is to have a premises designed with our community in mind including a youth café that is guided by autism-friendly practices and which includes children and young people from the wider North Tipperary community.







## **OUR ACTIVITIES**

Our members' interests are often far from mainstream! We aim to adapt typical youth club activities to fit with our children's special interests and sensory preferences. Some of our current and planned activities include:

**Younger members:** playpark playdates; sensory and messy play activities; fun-based sessions with therapeutic support to promote social skills and play.

**Primary age children:** arts and crafts; drama and music; games nights; Lego club; Minecraft Network; Pokemon community day.

**Teen club:** games night; cinema club; day trips to special interest activities; drama; hiking; themed events.

**Parents and supporters:** volunteer training; mentor development; invited speakers; tea, chats and mutual support.

## **JOIN US AND HELP US GROW!**

Most of our activities currently take place in Nenagh. Rehab Care has generously allowed us to run our sessions at their town centre premises outside of office hours.

The number of sessions we run depends on the number of parents who volunteer. Our aim is to have weekly sessions for each age groups. Please join us if you can!

We are a wholly voluntary group and rely on fund-raising for our activities, play equipment and other resources. Support us if you see us!

Join us in commitment, connection and fun!