



Ten Commandments for Tennis Parents

One

You shall watch your child's match from wherever she/he feels most comfortable having you – near the court, from the Clubhouse or not watching.

Two

You shall not speak or signal to your child during the match. Quite simply it is against the rules.

Three

You shall remain calm during play, whether 'your side' is 5-0 up, or 0-5 down.

Four

If your child's opponent makes a bad call, do not jump-in. Instead, make sure your child knows the rules inside and out and then let them handle their business.

Five

Ensure your child is familiar with the rules and etiquette so that they don't get themselves into trouble either.

Six

You shall not rush to your child at the end of the match to give them your in-depth analysis. Win or lose, most players need time to themselves after competing.

Seven

You shall judge a match based on your child's performance, effort and sportsmanship- not on whether they won or lost.

Eight

You shall encourage your child to be as independent as possible in organising their tennis schedule. Success in tennis requires independent thought and action.

Nine

You shall not go to every practice session, lesson or match. Your child needs to get used to playing without you around.

Ten

You shall be a loved, respected and welcomed tennis parent, should you obey the first nine commandments.